

For Immediate Release

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SleepSafe® Drivers' Adrian Knight to Discuss Sleep Apnea and the Transportation Industry on The Tim Ridley Show, part of the Road Dog Trucking SiriusXM® family.

Learn the basics of sleep apnea and how sleep apnea programs specialized for the transportation industry can save lives, reduce costs and improve overall driver health

Lenexa, KS—May 12, 2015—Since SleepSafe Drivers has devised one of the nations leading OSA solutions for the transportation industry and other high-risk related jobs, they were once again chosen to discuss sleep apnea and answer industry specific questions related to OSA and its effects on drivers. Tim Ridley, host of the popular trucking radio program, The Tim Ridley Show invited SleepSafe Drivers' SVP of Operations, Adrian Knight, to participate in his radio segment about sleep apnea and give his listeners the opportunity to ask an expert sleep apnea related questions.

Mr. Knight will discuss how a patient-focused education program on sleep-disordered breathing can drive improved health-care outcomes while reducing medical expenses. Not only does treatment have an immediate positive effect on the sleep apnea sufferer, in one two-year study, by using the SleepSafe Driver Program, JB Hunt documented:

- 53% reduction in accidents
- 55% reduction in hard braking
- 56% reduction in medical costs

Tune in to hear about:

- Sleep Apnea —What Is It?
- Types of Sleep Apnea
- Risk factors
- Effects of OSA
- Potential Health Consequences if Sleep Apnea remains untreated
- Testing and Treatment
- Cost Savings examples from transportation companies

The live radio segment will air on May 15th from 5:30-6:30am CDT.

For more information about SleepSafe Drivers, visit <http://www.sleepsafedrivers.com>.

For more information on Road Dog Trucking, visit <http://www.siriusxm.com/roaddogtrucking>.

About SleepSafe Drivers, Inc.

Started back in 2007, SleepSafe™ Drivers offers a complete turnkey Sleep Apnea testing and treatment program for the Transportation industry, especially for employees in risk-sensitive positions or with challenging work schedules. With national coverage, the program allows for easy diagnosis and treatment for sleep apnea in a confidential, convenient and cost effective manner. The management team at SleepSafe Drivers has unparalleled experience in home sleep testing, high-compliance treatment products and protocols, and a strong network with the nation's leading sleep labs, sleep physicians, and Durable Medical Equipment (DME) providers. The SleepSafe Drivers' program is logistically efficient and effective and focuses on minimizing downtime while delivering 96%+ compliance in PAP Therapy.

About The Tim Ridley Show

The Tim Ridley Show Weekdays 5 am ET. Let Tim get you through sunrise with a combination of fun and information. It's everything you need to know and a bunch of stuff that you didn't know you needed! Since the 1980's when he received his Chauffer's License and started driving a truck professionally, he has worked as a company driver, an owner-operator, a small fleet owner, a recruiter and a terminal manager. Chosen by Dave Nemo to be a part of his broadcast family, his knowledge of every facet of trucking has served him well. Tune in to the Tim Ridley Show each weekday and hear a new perspective on trucking.



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