

**For Immediate Release**

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**SleepSafe Drivers® executive educates Truckload Carriers Association members on the importance of implementing a Fatigue Management Program**

*At the Truckload Carriers Association (TCA) Annual Convention, Steven Garrish will discuss how fatigue management programs specialized for high-risk occupations can save lives, improve driver health, cut costs and boost recruitment and retention programs.*

**Lenexa, Kan.—March 24, 2017**—Steven Garrish, SVP of Safety and Regulatory Compliance at SleepSafe Drivers, one of the nation’s leaders in Fatigue Management Programs (FMPs) for the transportation industry and other high-risk related jobs, will discuss the importance of these programs and offer practical ways to implement a fatigue management program on March 26th and March 27. TCA has invited Steven Garrish to present the details behind the North American Fatigue Management Program (NAFMP), widely considered the premier blueprint for a comprehensive FMP to its members and other key stakeholders at its Annual Convention.

Transportation executives, Safety Managers and HR Managers all grapple with the issues of understanding driver fatigue and finding solutions that improve driver health and keep drivers on the road!

The upcoming sessions will provide information about the different aspects that go into developing a successful program, the special considerations for the transportation industry, the science behind sleep dysfunction, as well as common misinformation and myths that are circulating in the industry.

“With the regulatory process underway and the focus on sensationalist stories in the news, it is more important now than ever to educate and inform about fatigue, sleep dysfunction and the practical solutions available,” said Steven Garrish. “Commitment to improved safety and a better quality of life for those who work so hard to support and protect our nation’s supply chain should not just be a stated priority, but should be a value demonstrated by top leadership at every company.”

**Round table details:**

Fatigue Management Programs – On Top of It or Asleep at the Wheel?

Sunday, 3/26 2 – 3:15pm

Monday, 3/27 2:45 – 4pm

For more information and to register, [click here](#).

For more information about SleepSafe Drivers, visit <http://www.sleepsafedrivers.com>.

**About SleepSafe Drivers, Inc.**

Since 2007, SleepSafe Drivers has offered a comprehensive Fatigue Management Program, including innovative ways to address sleep apnea testing and treatment, that have been developed specifically for the transportation, logistics & supply chain industry and other safety-sensitive businesses. With national coverage, the program allows for confidential diagnosis and treatment for sleep apnea in a private, convenient and cost effective manner. The management team at SleepSafe Drivers has unparalleled experience in Home Sleep Testing (HST) with patented technology, high-compliance treatment products and protocols, and a strong network with the nation’s leading sleep labs, sleep physicians, and Durable Medical Equipment (DME) providers. The SleepSafe Drivers program is logistically efficient with a focus on minimizing testing downtime while delivering more than 96% compliance with therapy.

**About TCA’s Annual Convention**

Over its 78-year history, TCA’s Annual Convention has become the premier gathering for the truckload segment of the trucking industry. Geared toward for-hire carriers, industry suppliers, and individuals involved with truckload-specific operations, the 3.5-day event provides face-to-face time for top industry executives to share ideas and develop new strategies for the future. Convention participants will stay abreast of rapidly changing industry issues and learn tactics for growing their businesses through numerous workshops, panel discussions, and dynamic speakers. Abundant networking and professional development opportunities are provided.



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