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SleepSafe Drivers® Chief Science Officer Attends the FMCSA Joint Meeting with MCSAC

Agency asks that the MCSAC and MRB center efforts around 5 key areas to make lasting health improvements

Lenexa, Kan.—Sept. 30, 2015—SleepSafe Drivers, one of the nation's leading Obstructive Sleep Apnea (OSA) solutions for the transportation industry and other high-risk related jobs continues it's educational support and laser focus on the health of the community it serves. As the industry evolves and places more emphasis on creating healthier environments and workplaces, SleepSafe Drivers believes that education is the key to instituting real change.

At the September 21 FMCSA meeting, the Agency asked that the MCSAC and MRB center their efforts around the following 5 areas, focusing the discussion on what types of behaviors and activities can be done before work, during work, and after work to make lasting improvements:

1. Work conditions
2. Diet and exercise
3. Sleep and fatigue
4. Personal injury
5. Lifestyle choices

Major focus was on reaching drivers with a personalized approach and introducing them to incremental changes that can be made to put them on the road to health and wellness. Putting aside the cost savings and statistics and creating opportunities where real change can occur.

"With sleep and fatigue being #3 on the list, it is more important than ever to continue to educate employees and to provide innovative solutions for employers," said Dr. Alan Lankford, Ph.D., FAASM and Chief Science Officer of SleepSafe Drivers. "The days of offering the business a turn-key, out of the box program is in the past—customization and personalized coaching for drivers is where we see the results."

"Surprisingly, we were the only representatives from the sleep community that attended the meeting," commented Dr. Lankford. "We take our industry responsibilities very seriously—understanding the challenges from all angles, driver, business owner and regulatory— is key to designing a successful program. One detail can make the difference in reaching one more driver, in saving one more life."

SleepSafe Drivers is launching a sleep and fatigue educational initiative which will include webinars, sponsorships and key wellness partnerships geared toward protecting the health of the industry's most valued asset—the driver.

For more information about SleepSafe Drivers, visit <http://www.sleepsafedrivers.com>.

About SleepSafe Drivers, Inc.

Since 2007, SleepSafe Drivers has offered a turnkey sleep apnea testing and treatment program designed specifically for the transportation industry and other high-risk businesses. With national coverage, the program allows for confidential diagnosis and treatment for sleep apnea in a private, convenient and cost effective manner. The management team at SleepSafe Drivers has unparalleled experience in home sleep testing with patented technology, high-compliance treatment products and protocols, and a strong network with the nation's leading sleep labs, sleep physicians, and Durable Medical Equipment (DME) providers. The SleepSafe Drivers program is logistically efficient with a focus on minimizing testing downtime while delivering more than 96 percent success with compliance in PAP Therapy.