

For Immediate Release

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**SleepSafe Drivers® executive selected to speak
on the importance of Fatigue Management Programs
at Safety and Risk Control Workshops**

Cottingham & Butler schedules Steven Garrish to speak at several of its Transportation Safety and Risk Control Workshops about how fatigue management programs specialized for high-risk occupations can save lives, improve driver health, cut costs and boost recruitment and retention programs.

Lenexa, Kan.—April 5, 2017—Steven Garrish, SVP of Safety and Regulatory Compliance at SleepSafe Drivers, one of the nation’s leaders in Fatigue Management Programs (FMPs) for the transportation industry and other high-risk related jobs, will discuss the importance of these programs and offer practical ways to implement a program into any operation. Cottingham & Butler invited Mr. Garrish to speak to its captive members at its spring slate of Transportation Safety and Risk Control Workshops throughout the country, starting in April and running through mid-May.

The upcoming presentations will discuss the details behind the North American Fatigue Management Program (NAFMP), widely considered the premier blueprint for a comprehensive FMP, the different aspects that go into developing a successful program, common misconceptions surrounding sleep apnea and transportation, the aftermath of a fatigue related accident and core principles of a fatigue-savvy safety culture.

As the correlation between fatigue and increased business costs continues to grow, more and more transportation executives, Safety Managers and HR departments are looking to understand the issue. Not only are they tasked with understanding all the nuances surrounding driver fatigue, they are responsible for finding solutions that improve driver health and keep the wheels rolling, safely.

“I am excited that Cottingham & Butler has identified fatigue management as an educational priority when discussing safety and risk with their transportation clients,” said Steven Garrish. “The growing trend towards understanding and addressing the issue of fatigue and how it effects your business is evident. This year alone I have presented close to half a dozen times on this topic already and have many more scheduled.”

“Improved health and safety of those who work so hard to support and protect our nation’s supply chain is a priority that cannot be overstated.”

For more information about SleepSafe Drivers, visit <http://www.sleepsafedrivers.com>.

About SleepSafe Drivers, Inc.

Since 2007, SleepSafe Drivers has offered a comprehensive Fatigue Management Program, including innovative ways to address sleep apnea testing and treatment, that have been developed specifically for the transportation, logistics & supply chain industry and other safety-sensitive businesses. With national coverage, the program allows for confidential diagnosis and treatment for sleep apnea in a private, convenient and cost effective manner. The management team at SleepSafe Drivers has unparalleled experience in Home Sleep Testing (HST) with patented technology, high-compliance treatment products and protocols, and a strong network with the nation’s leading sleep labs, sleep physicians, and Durable Medical Equipment (DME) providers. The SleepSafe Drivers program is logistically efficient with a focus on minimizing testing downtime while delivering more than 96% compliance with therapy.

About Cottingham & Butler

Cottingham & Butler is the 35th largest insurance broker in the U.S. and a recognized leader in offering innovative property & casualty and employee benefit insurance solutions. The company is headquartered in Dubuque, Iowa, and employs nearly 700 employees across the U.S. Cottingham & Butler provides a full suite of risk management and employee benefits services.



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